

BUTOKUDEN DOJO ETIQUETE AND RULES

Please follow the following etiquette and rules in order to keep our Dojo beautiful. Think of the Dojo as your second home!

Rei (Bow) to the Dojo when entering/exiting the Dojo:

Any Budo starts with Rei and ends with Rei. As you do Rei to your opponent before every match or practice in order to show respect, all Budoka should do Rei to the Dojo when entering the Dojo, in order to show respect and appreciation to the Dojo, since this is the place where you practice every day to improve your skills.

Neatness and Trash:

Please help us keep our Dojo clean. Please lineup the chairs after use. If you see a trash on the floor, please pick up and put in the trash can. We want to keep our trash to minimum. Please take your trash home, and do not leave any leftover food or drinks in the trash. It will attract insects into the building.

Absolutely NO Shoes inside the Building:

Butokuden Dojo is a bare feet environment. Please take off your shoes when entering the Dojo. When you go outside of the Dojo please wear your shoes, in order to avoid bringing the dirt from the outside to the inside of the Dojo. There are some guest slippers at the entrance of the Dojo. Feel free to use them, but please put them back, after each use. You are welcome to bring your own indoor slippers.

Shoes at the Dojo Entrance:

When you come into the Dojo, place your shoes in the shoe rack. If there is not enough space in the shoe rack, line them up on the sides of the entrance, in order to make the Dojo entrance clean and neat. The Dojo entrance shows the character of the Dojo. It only takes a second to line up your shoes. If the first pair of shoes is lined up, everyone else that comes in after will also line up their shoes.

Restrooms:

Please keep the restrooms clean. Make it comfortable for everyone. There are restroom slippers. Make sure to wear them when you go inside the restrooms, and take them off when you come out. Do not wear restroom slippers outside of the restrooms. When leaving the restrooms, leave the sandals facing inwards, in order to make it easy for the next person to wear it. It is very important to think about each other. Do not wear outside shoes in the restroom.

Changing Rooms:

Please keep changing rooms clean. Do not leave personal belongings in the changing room. Please keep valuables safe. Butokuden is not responsible for lost items.

Food and Drinks inside the building:

No food or drinks inside the Dojo (Both wood and mat floors). Sports drinks and water is OK outside of the wood and mat floors. No food and Drinks in the changing rooms. It attracts insects.

Parking Lot:

For safety reasons, please do not allow your children to play in the parking lot area. When driving in the parking lot, please drive slowly with extra care.

Kitchen Area:

Do not wash hands or mouth guards, gargle or spit in the kitchen sink. Use the restrooms.

Energy Savings:

Please help us save energy by turning off unnecessary lights and saving water. We use energy efficient lights and water saving toilets, but we need your help to save on our utility bills.

Thank you for your cooperation!

BUTOKUDEN Dojo